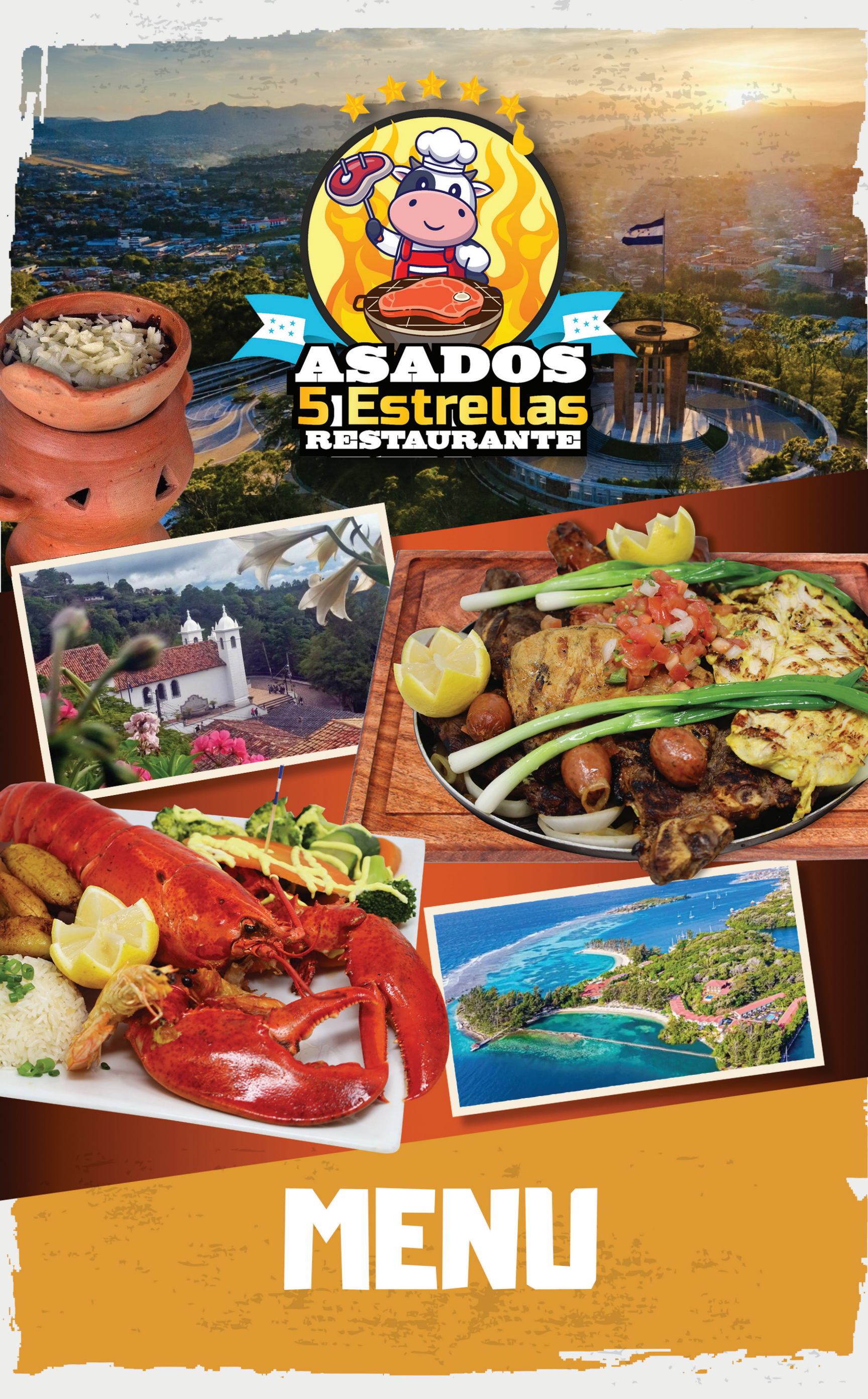




ASADOS
5 Estrellas
RESTAURANTE

MENU



DESAYUNOS

DESAYUNO 5 ESTRELLAS

Eggs, avocado, beans, chorizo, cheese and fry plantains.

\$16.99

DESAYUNO RANCHERO

Sausage, eggs with ranchera, sauce, beans, cheese, cream and plantains.

\$15.99

DESAYUNO TEGUS

Eggs, fried pieces of pork, avocado, cheese, beans, cream, and plantains.

\$17.00



APERITIVOS

CHICKEN WINGS

Fried chicken wings, served with carrots, celery and ranch dressing, served with fries.

\$13.00

CALAMARES ISLAS DE LA BAHIA

Fried Calamari with house sauce.

\$14.00

ANAFRE CON FRIJOL A LA BRASA

A traditional anafre Hondureño is a warm dip madre with refried red beans, melted cheese, and chorizo.

\$16.00

NACHOS A LO CATRACHO

Honduras nachos style.

\$9.99

DE CARNE

MIXTOS (Grilled steak & Chicken) **\$18.00**

HONDURAS NACHOS STYLE

Nachos with refried beans homemade cream & cheese, pico de gallo.

\$16.00

CEVICHE DE SAN LORENZO

Honduras style ceviche from San Lorenzo

\$25.00

YUCA CON CHICARRON

Fried cassava with pork meat.

\$15.99

CHICARRON CON GUACAMOLE

Pork skins with Guacamole

\$15.99

SOPAS

SOPA DE GALLINA CRIOLLA

Honduras style soup, served with grilled hen.

\$18.99

SOPA DE FRIJOL CON COSTILLA

A traditional soup made of beans and beef rib.

\$18.99

SOPA DE MONDONGO CON COCO

Tripe/bone soup, served with corn, cabbage, zucchini, carrots, plantain, yucca with coconut milk.

\$21.00

SOPA DE RES

Beef soup, served with corn, cabbage, zucchini, carrots, plantain, yucca.

\$20.00

SOPA MARISCADA ROATAN CON PESCADO O LANGOSTA

This soup is a mixture of delicious seafood, fish and lobster and fresh vegetables with a slightly sweet taste.

\$35.00

SOPA DE CARACOL

Conch soup, is a popular Honduran dish prepared using conch meat.

\$20.00





PLATOS FUERTES

CARNE GUISADA CATRACHA

Tender, slow-cooked beef stew simmered to perfection.

\$19.99

CHULETA FRITA DEL PROGRESO

Pan-fried pork chops, are flavorful bone-in pork chops Honduran style.

\$19.99

PECHUGA ASADA

Grilled chicken served with vegetables and rice.

\$17.99

POLLO GUISADO

Chicken stew with tomato sauce served with rice and vegetables.

\$18.00



LENGUA GUISADA

Beef tongue stew with tomato sauce served with rice and beans.

\$20.00

BISTEC ENCEBOLLADO

Steak topped with sautéed onions, ranchera sauce. Served with rice, refried beans.

\$22.99

POLLO EN CREMA

Chicken breast with heavy cream, served with rice, beans and salad.

\$21.99

CHURRASCO HONDUREÑO

Beef ribs, chorizo jalapeño. Served with rice & refried beans.

\$27.99

BISTEC A CABALLO

2 egg, Grilled steak with onions. Served with rice & refried beans.

\$24.99

POLLO CHUCO

Slices of green banana, Cabbage salad, pickled onions, pico de gallo and dressing.

CHICKEN
LEG

\$21.99

CHICKEN
BREAST

\$23.99

MARISCOS

PESCADO A LO CATRACHO

Fried fish served with rice, tajadas and cabbage salad.

\$29.99

FILETE DE PESCADO EMPANISADO

Fried fish fillet served with tajadas and cabbage salad.

\$16.99

CAMARONES EN CREMA

Sauteed shrimps with cream sauce served with rice and vegetables.

\$22.99

CAMARONES AL ESTILO OCEAN CITY POR LIBRA

Steamed shrimp by the pound.

**[Market
Price]**

CAMARONES A LA PLANCHA

Shrimps cooked on a griddle, served with rice and vegetables.

\$22.00

MEJILLONES AL ESTILO TRUJILLO

Mussels Trujillo style.

\$23.00



JAIBAS AL VAPOR AL ESTILO OCEAN CITY

Ocean city style steamed crabs.

**[Market
Price]**

PESCADO EN COCO

Fish in coconut sauce.

\$32.00



CARNES & PARRILLADAS



MAR & TIERRA
Surft and turf.

\$27.99

CARNE ASADA A LO CATRACHO
Grilled Steak.

\$20.00

**CARNE DE CERDO ASADA
AL ESTILO PESPIRE**
Grilled Pork.

\$19.00

CARNE DESHILADA
Shredded Beef, is a flavor packed dish featuring tender shredded beef in a rich tomato sauce.

\$20.00

COSTILLA DE RES A LO CATRACHO
Beef ribs Honduras style.

\$19.99

CORAZÓN DE RES ASADO
Grilled beef heart.

\$13.00

**COSTILLA DE CERDO
ASADO ORNEADA**
Grilled Pork Ribs.

\$20.00

PARRILLADAS

SERVED WITH RICE, BEANS, TORTILLA AND SALAD.

PARRILLADA 5 ESTRELLAS FAMILIAR
Grilled steak, Chicken, 4 chorizos and ribs with BBQ sauce.

\$120.00
4 personas

PARRILLADA O PLANCHANOS FAMILIAR
Grilled steak, Chicken, 4 chorizos, fish and ribs with BBQ sauce.

\$130.00

PARRILLADA CHOLUTECA FAMILIAR
Grilled steak, Chicken, pork, chorizo, fried tortillas and fries cheese.

\$70.00
3 personas

PARRILLADAS SOLO UNO
Grilled steak, chicken and chorizo.

\$30.00

PARRILLADAS AL ANAFRE
Grilled, steak, pork, chicken, chorizo, shrimps.

\$60.00
2 personas





CARNITAS ASADAS
Grilled Steak

\$12.00

CHICKEN TENDERS

\$7.00



BEBIDAS

JUGOS NATURALES

TAMARINDO / Tamarind

MARAÑÓN // Cashew apple juice

JAMAICA / Hibiscus

DE MELON / Melon

\$5.00

HORCHATA

HORCHATA ORIGINAL DE MORRO ZUREÑA

\$7.00

ADRENALINE

\$4.00

AGUA

\$2.00

CAFE ORO

\$3.00

SODAS

SODA EN BOTELLA

\$4.00

SODA EN LATA

\$2.00

FRESISODA Y
CHOCOSODA

\$5.00

SODA DE NARANJA
Y MANZANA

\$8.00

SPRITE
COCA COLA
PEPSI
TROPICALES

\$4.00

MENÚ DE NIÑOS

(Served with french fries)

PECHUGUITA ASADA
Grilled chicken breast.

\$7.99

PLATANITOS CON FRIJOLES
Fried plantains and beans.

\$7.00

PAPITAS CATRACHAS
Honduras style fries.

\$9.00

QUESADILLA DE QUESO

\$7.00

ACOMPAÑAMIENTOS

ARROZ / Rice

\$3.50

FRIJOLES / Refried beans

\$3.50

TORTILLAS (2)

\$1.00

1 CHORIZO

\$5.00

PLATANOS / Plantain

\$6.00

TORTILLAS FRITAS CON FRIJOLES /
Tortilla chips with refried beans

\$6.00

PAPAS FRITAS / French Fries

\$5.00

AGUACATE / Avocado

\$3.00

GUACAMOLE

\$3.50

TAJADAS / Fried green plantain

\$5.00

QUESO / Cheese

\$3.50

JALAPEÑO

\$1.50

2 HUEVOS / 2 Eggs

\$4.00

POSTRES

TRES LECHES

\$10.00

FLAN

\$10.00

PLATANOS A LO CATRACHO

\$7.99



MEXICANO

TACOS MEXICANOS

Mexican tacos choice of protein:

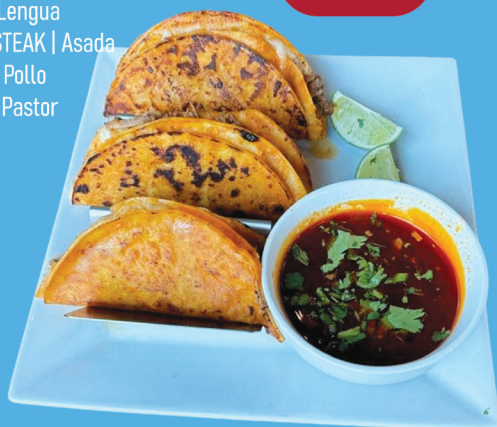
TONGUE | Lengua

GRILLED STEAK | Asada

CHICKEN | Pollo

PORK | Al Pastor

BIRRIA



\$13.99

QUESADILLAS

Mexican quesadillas choice of protein:

STEAK | Asada

CHICKEN | Pollo

SHRIMP | Camarones

\$13.99

\$12.99

\$15.99



FAJITAS MIXTAS / MIXED FAJITAS

Grilled, steak, chicken and shrimps, served with rice, beans and cream.

\$26.00

BURRITOS

Mexican burritos choice of protein:

TONGUE | Lengua

GRILLED STEAK | Asada

CHICKEN | Pollo

PORK | Al Pastor

BIRRIA

\$15.99



Scan to View our Menu



ASADOS
5 Estrellas
RESTAURANTE



1163 University Blvd E,
Takoma Park, MD 20912

FIND US



www.asados5estrellas.com



301-328-0254